


September 20-22, 2006  
PATHS to RECOVERY  
Utah Fall Substance Abuse Conference

## Drug Treatment in CJ Settings: What We Know

Kevin Knight, Ph.D.  
TCU Institute of Behavioral Research



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# What We Know: Fact #1 Offender Drug Use is a MAJOR Problem

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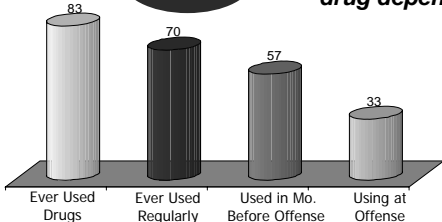
## 6.9 Million in CJ System

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### Illicit Drug Use among State Prisoners

(Percentages in 1997; N=1,050,000)

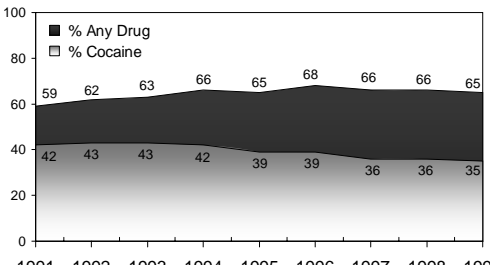
Treated? **15-36%** *Approximately 1/2 are drug dependent.*



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Bureau of Justice Statistics, 1997; 1999; Karberg & James, 2005

### Illegal Drug Use Detected (UA+) Among Male Arrestees (in 23 Cities)\*



Year	% Any Drug	% Cocaine
1991	59	42
1992	62	43
1993	63	43
1994	66	42
1995	65	39
1996	68	39
1997	66	36
1998	66	36
1999	65	35

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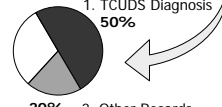
\*Based on original 23 DUF cities; 1999 data for St. Louis not available.

### Assessing Treatment Needs

**Scores:**

- Range = 0-9
- 3+ Need Trt
- 6/7+ Hi Severity
- Major Drugs
- Trt Importance

Administered in several U.S. prisons

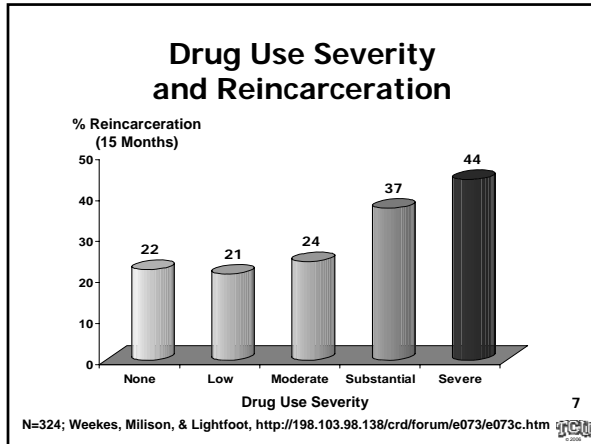


1. TCUDS Diagnosis 50%  
2. Other Records 20%

**TCU Drug Screen (TCUDS):**  
Short assessment (2 pages) for --

- Drug use/DSM "classification"
- Treatment needs/history
- FREE & Self-Administered (5 min)

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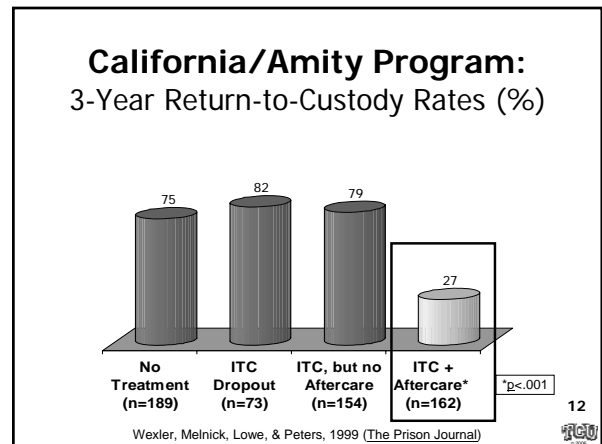
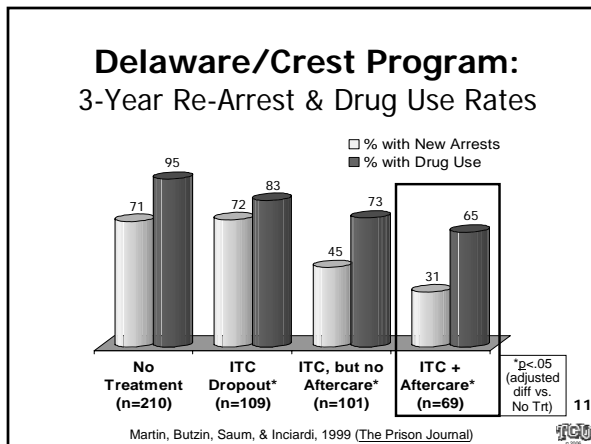
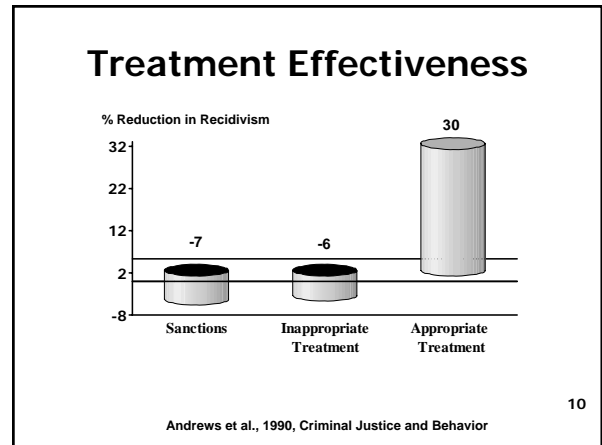
*What We Know:*  
**Fact #2**  
**Treatment Can Work!**

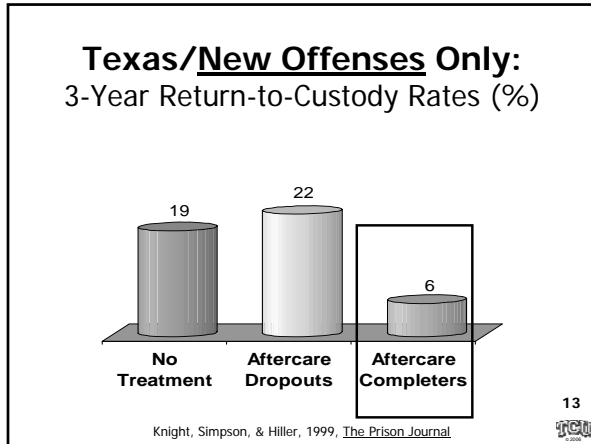
**Public Health**

- Reduction in relapse rates

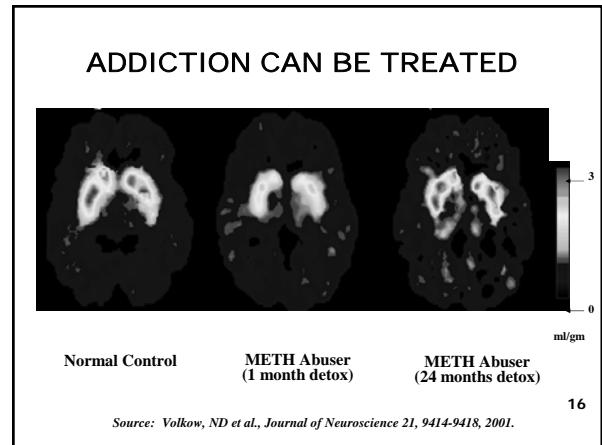
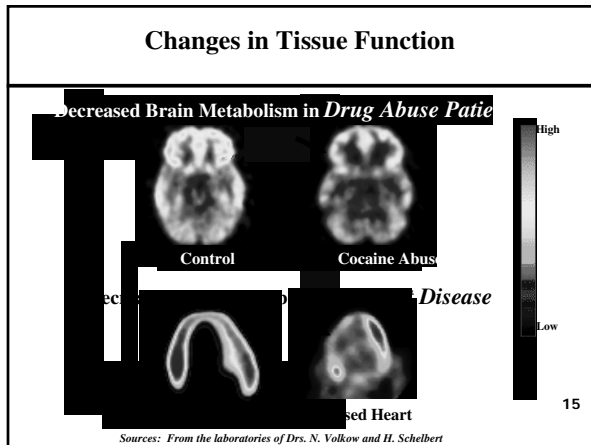
**Public Safety**

- Reduction in recidivism rates





## What We Know: Fact #3 Addiction Is Similar To Other Medical Conditions



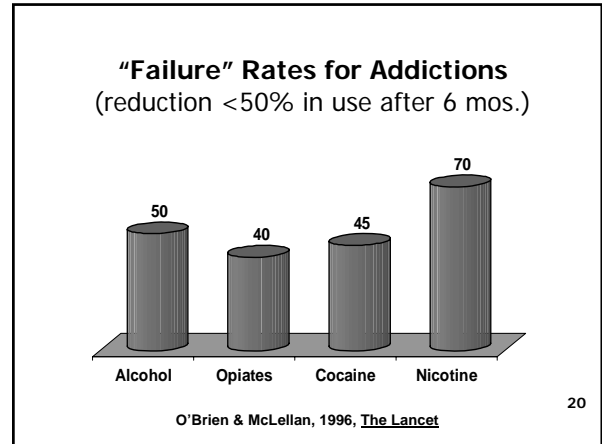
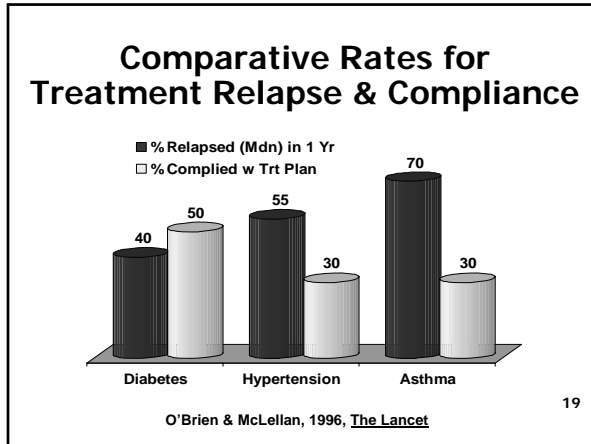
### Defining Addiction

*A chronic but treatable condition*  
 (“relapses” are common -- like other health problems)

### Addiction is a “Real” Medical Conditions

- **Chronic Conditions**
- **Onset and Course Influence by Genetic, Metabolic, and Behavioral Factors**
- **No Cures, But Effective Treatments Available**

McLellan et al., 2000, *JAMA*



### Effective Treatments

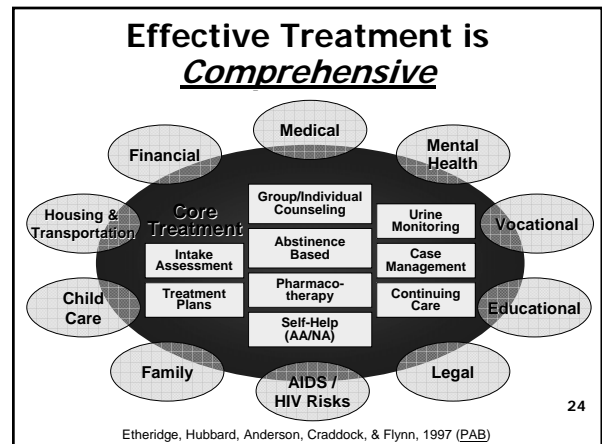
- Adherence to prescribed medications
- Adherence to recommended behavioral changes (e.g. diet, exercise, etc.)
- Relapse factors

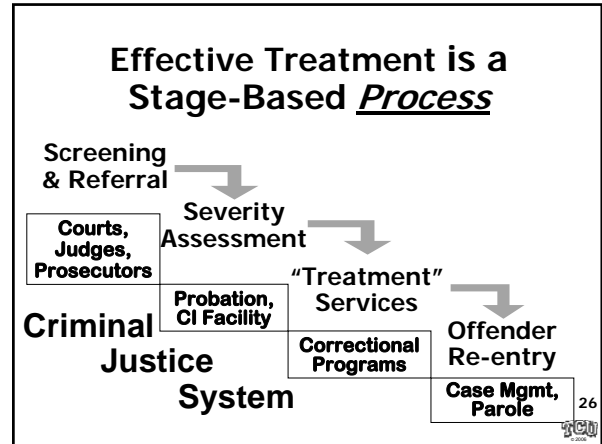
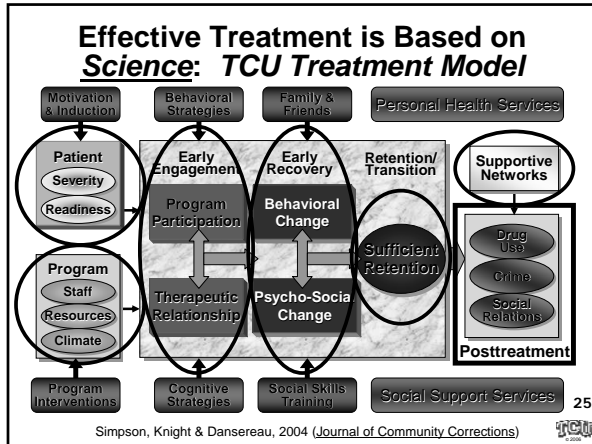
### Adherence

50% of medical patients LIE about adherence

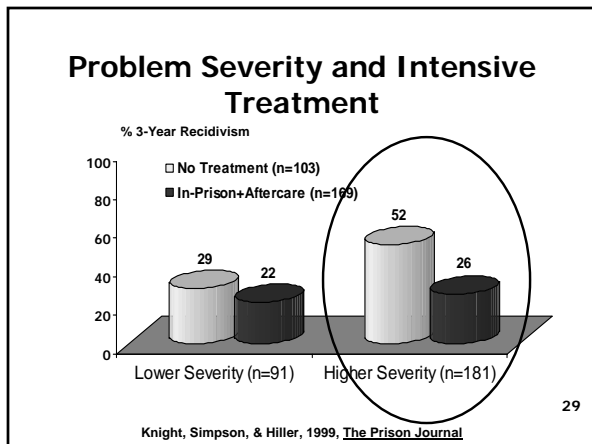
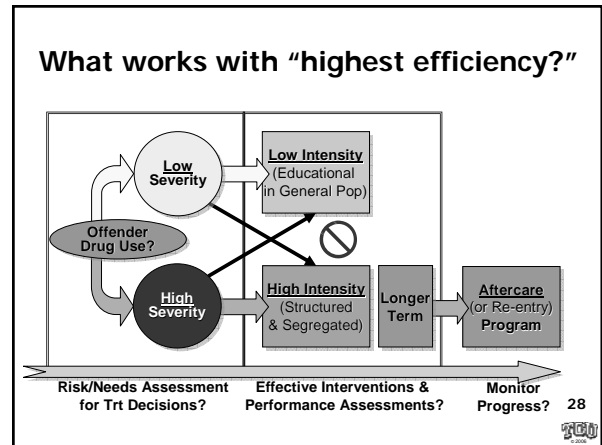
Sources: National Center Health Stats; Harrison, 13th Ed. (more than 30 published studies)

### What We Know: Fact #4 There is NO Silver Bullet

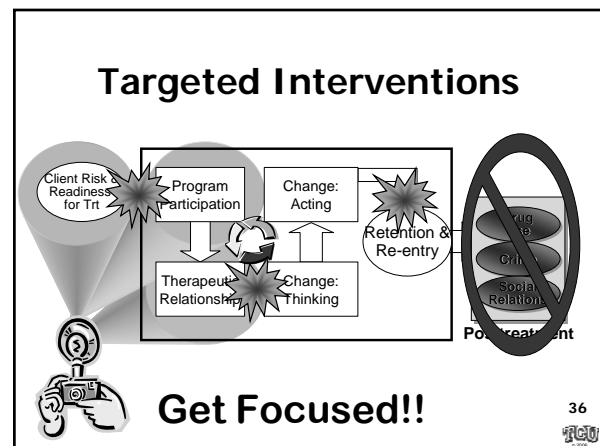
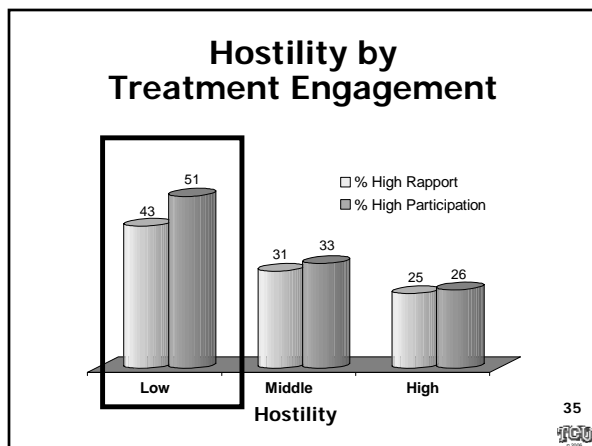
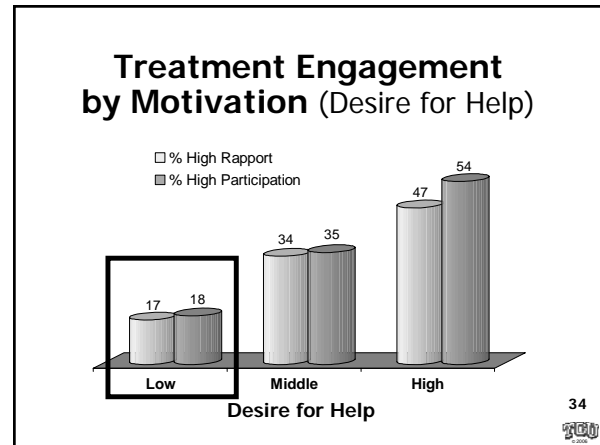
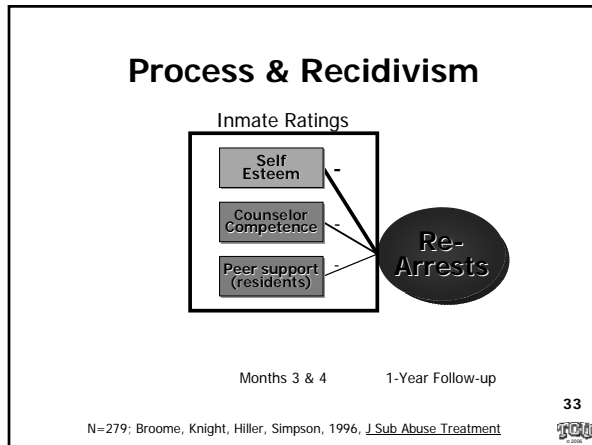
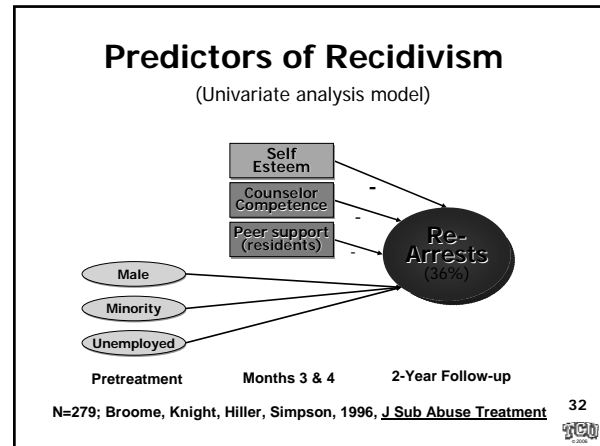
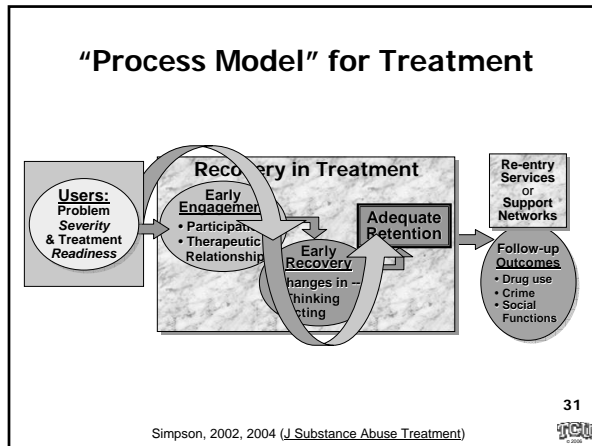


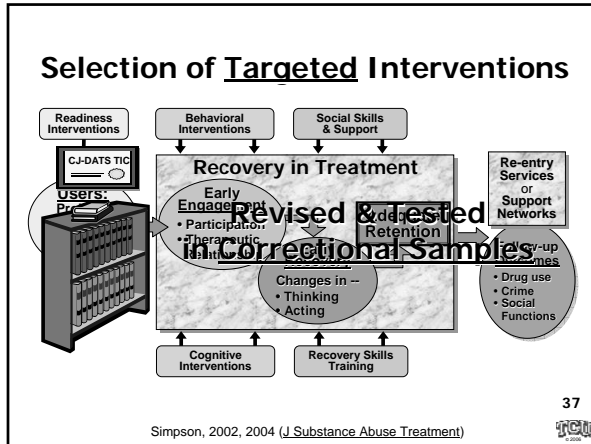


**What We Know:  
 Fact #5  
 Treatment Intensity=  
 Problem Severity**



**What We Know:  
 Fact #6  
 Good Outcomes Depend On  
 Good “Process”**





Institute of Behavioral Research at Texas Christian University

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